

Dear productivity commission,

I'm writing to you about the inquiry into mental health. Recently I saw on the news regarding the children from the age of 0 to 3 years old to be screened for mental health.

As a mother, I don't agree the children have to do that. Children are supposed to be active. They are supposed to be curious about things because everything is new for them. When a child is running around, that's because she/he is happy. When a child is angry, she/he is allowed to be angry. There's nothing wrong with that emotion because the child is not a robot.

When a child is getting upset, drugging them is not a solution. Find out what is bothering them, there is a cause to make them upset. The solution is, talk to them. That's what I do to my children. If they are upset because of me, I apologise. Communicate to them. The children is our future and we want them to be smart and bright.

Your sincerely,
Ikhwani Riza Syahni