

Dear Productivity Commission, ①

In 2012 I broke up with my ex-husband, I have to stay in a woman's shelter, a therapist there suggest me to take some antidepressant, I resisted the idea at that time, but she said ~~it~~ it is good for me. I started to take antidepressant on and off. But my problems are that I have no support in Australia, needed to look after my daughter on my own for quite a long time.

After I was on those antidepressant, I getting worse, couldn't sleep, loose my temper on my daughter, had to admitted to mental hospital. In the hospital I was forced to do injection because the ~~ps~~ psychiatrist said I didn't keep ~~at~~ taking the medicines, ~~stated~~<sup>so</sup> they are going to punish me and inject me.

After I came out of ~~keep~~ hospital, I back on oral medicines, I getting worse,



I ~~go~~ went to the community health centre to <sup>(2)</sup> ask for more medicines. I couldn't continue ~~to~~ to do my job to go to work. I couldn't imagine if a 2 year old kid on this kind of ~~medicines~~ medicines, they will not be able to tell their parents how they feel.

I saw on the news that the government going to implement a screening program on 0 to 3 years old child with a check sheet with some very ridiculous questions that just normal child's behaviors, and if you tick that your child will loose their toys every now and then, that means your child have mental health illness, then put your kid on psychiatric medicines.

I think no parents want that happen on their kids. psychiatric medicines only make your emotion die. You can't feel anything, ~~no~~ no matter sad or happy.

How can a depressed kid or adult recovered <sup>(2)</sup>  
if they can't feel happy and joys.

Please help to protect your own child  
or grandchild.

Thanks,  
your sincerely,

Baiyu Chen

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